

SELF-EFFICACY AND HEALTH BEHAVIORS AMONG
MYOCARDIAL INFARCTION PATIENTS

YUAN HAOBIN

A THESIS SUBMITTED TO THE GRADUATE SCHOOL IN
PARTIAL FULFILLMENT OF THE REQUIREMENTS
FOR THE DEGREE OF
MASTER OF NURSING SCIENCE
IN MEDICAL AND SURGICAL NURSING

GRADUATE SCHOOL
CHIANG MAI UNIVERSITY

May 2000

SELF-EFFICACY AND HEALTH BEHAVIORS AMONG
MYOCARDIAL INFARCTION PATIENTS

YUAN HAOBIN

A THESIS HAS BEEN APPROVED
TO BE A PARTIAL FULFILLMENT OF THE REQUIREMENTS
FOR THE DEGREE OF MASTER OF NURSING SCIENCE
IN MEDICAL AND SURGICAL NURSING

EXAMINING COMMITTEE

<i>Sirirat Panuthai</i>	CHAIRMAN
(Dr. Sirirat Panuthai)	
<i>Nitaya Pinyokham</i>	MEMBER
(Assistant Professor Nitaya Pinyokham)	
<i>W. Senaratana</i>	MEMBER
(Associate Professor Wilawan Senaratana)	
<i>Linchong Pothik</i>	MEMBER
(Assistant Professor Dr. Linchong Pothiban)	
<i>Lu Zh</i>	MEMBER
(Professor Dr. Lu Zhuoren)	

May 23, 2000

ACKNOWLEDGEMENT

I would like to express my sincere thanks to my chairperson and major thesis advisor Dr. Sirirat Panuthai, for her scholarly guidance, encouragement, interest, and support. Special thanks to my thesis co-advisor, Assistant Professor Nitaya Pinyokham, my academic advisor, Associate Professor Sombat Chaiwan, and my Chinese advisor, Professor Dr. Lu Zhuoren for their concern and kind support. I would also like to express my appreciation to my committee members Associate Professor Wilawan Senaratana, Assistant Professor Dr. Linchong Pothiban for their meaningful suggestions and recommendations throughout this process. I wish to give my special thanks to nursing specialists both at Chiang Mai University and Shanghai Medical University who helped to validate the instrument for data collection. In addition, I would further like to give my appreciation to the Dean of the Faculty of Nursing of Shanghai Medical University, for her support during my study.

The China Medical Board of New York is acknowledged for providing financial support throughout the program. My deep appreciation is also extended to every member of the Faculty of Nursing, Chiang Mai University in Thailand and the Faculty of Nursing, Xi'an Medical University in China who continuously put effort into this collaborative program.

Finally, I wish to express my love and appreciation to my family: my parents, husband and son. Without their love and understanding, I would never have been able to accomplish my study.

Yuan Haobin