



APPENDICES

ลิขสิทธิ์มหาวิทยาลัยเชียงใหม่

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APPENDIX A

CONSENT FORM TO PARTICIPATE IN A RESEARCH STUDY CHIANG MAI UNIVERSITY PROCESS OF COPING WITH CHILDBIRTH AMONG THAI WOMEN

EXPLANATION TO PROPOSED PARTICIPANTS

A. PURPOSE AND BACKGROUND

Usa Chuahorm, a doctoral student of the Faculty of Nursing, Chiang Mai University, is conducting a study supervised by Associate Professor Dr. Kasara Sripichyakan, aiming to understand about the coping process of Thai women during their childbirth experiences. Because I am going to give birth at this hospital, I am being asked to participate in this study.

B. PROCEDURES

If I agree to be in this study, the following will happen:

If I am in the early phase of childbirth, I will be observed during childbirth, then I will be interviewed as the procedures above.

If I am in postpartum period:

1. I will be asked about my feelings and thoughts about this childbirth in the hospital or at my home after birth whenever I am healthy and ready to talk. It will take time about 45 to 90 minutes. I will be interviewed twice to four times.
2. The interview will be audiotape-recorded if I agree.
3. I may be asked about the conclusion of interview later if I agree.

C. RISKS OR DISCOMFORTS

1. I may feel uncomfortable to talk about my childbirth experience. I can choose a quiet and private place for the interview and I am free to stop the interview at any time or to decline to answer any questions.
2. Confidentiality: All information in my interview and written document will be kept as confidential as possible. No individual name or identification will be used in any reports or publications resulting from this study. Direct quotes from my interview(s) may be used in published reports, but all personally identifying information will be removed from these quotes. All information will be kept in a safe place at all times and will be ruined within five years. Only the researchers will have access to the files and audiotapes.

D. BENEFITS

There are no direct benefits to me from participating in the study. However, outcomes of the study will add more knowledge to the midwifery practice about Thai women’s childbirth. This may lead to more appropriate care during childbirth that can better serve the needs of Thai women and families. Other benefits from the research results will be under the rule of Chiang Mai University.

F. COSTS/FINANCIAL CONSIDERATIONS

There are no costs to me for participating in this study. I will receive a baby’s classical music compact disc for baby for all interviews and can reimburse for transportation.

G. QUESTIONS

The study has explained to me by Usa Chuahorm. If I have any questions about this study, I may call Usa Chuahorm at (038) 823602 (home) and (06) 8391722 (mobile phone) or Associate Professor Dr. Kasara Sripichyakan at (053) 945-019 and (053) 945039 (office hour 8:30am.- 4:30pm.). If I have any questions or comments about participation in this study, I will first talk with Usa Chuahorm or Dr. Kasara Sripichyakan. If I do not want to talk with both of them, I may call the Ethics Review Committee of the Faculty of Nursing, Chiang Mai University at (053) 945033 (8:30am. - 4:30pm.).

H. CONSENT

I have been given a copy of this consent form to keep.

PARTICIPATION IN RESEARCH IS VOLUNTARY. I have the right to refuse the observation and/or the interview, to decline to answer any questions, or to stop the interview at any time. Refusal or withdrawal from this study will be without jeopardy to my status of care at present and in the future.

If I wish to participate, I should sign below.

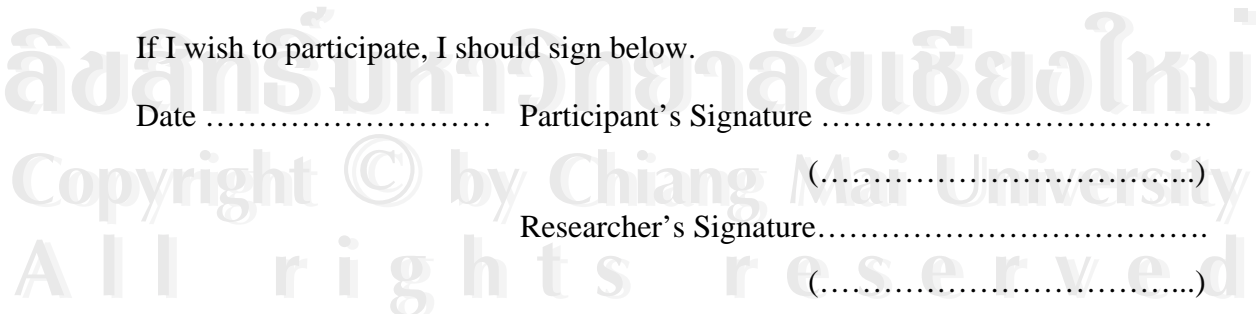
Date Participant’s Signature

.....
Researcher’s Signature.....

.....

Witness’ Signature.....

.....



APPENDIX B

INTERVIEW GUIDE

PROCESS OF COPING WITH CHILDBIRTH AMONG THAI WOMEN

Grand Tour Questions

- (a) Please tell me about your childbirth event as you would like to say.
- (b) What helped you get through your childbirth?
- (c) As you have reconsidered, how did you help yourself to get through childbirth?
- (d) As you look back, what would you want to change about this childbirth experience if you could change it?
- (e) From your own experience, what would you tell other women about childbirth?

Follow-up Questions

- (a) What did you feel about this?
- (b) Then what did you do?
- (c) What happened next?
- (d) Could you describe more about...?
- (e) Tell me about how you get that.
- (f) What do you want to share more about your birth?

Ending Questions

- (a) Tell me, for you, what was the most important about your birth experience?
- (b) Is there anything you would like to ask me?

APPENDIX C

Maternal Pregnancy & Birth Recording Form

PART 1 SELF REPORT DATE..... Participant ID.....

Age.....yr. Resident urban rural Education.....Religion.....

Occupation..... Income.....baht/month

Type of family single extended Marital status legal cohabit

Husband's age...yr. education..... Occupation.....Income.....baht/month

Marital relationship very good fair poor

House my own rent other's house

Person in the house alone with husband with husband and relatives
 relatives without husband not relatives identify.....

Income enough not enough

Baby expectation expect to have the baby not expect to have the baby

Feeling to pregnancy delight normal sad
 other feelings; please describe.....

First antenatal care visit atwk. ANC visit by.....no. of visits.....

Impression during pregnancy

Baby's sex desire Boy Girl Any...

PART 2 HOSPITAL RECORD

Admission date and time..... Cervix.....cm.....% station...

Gestational age.....wk. Medical induction no yes drug.....Time.....

Pain relief drug no yes drug.....Time.....

Amniotic sac rupture spontaneous artificial Time.....Fluid.....FHS.../min

Cervix fully dilated at..... Pushing at.....Date of birth.....time.....

Baby's sex male female APGAR 1 min....5 min..... Weight..... grams

Type of delivery spontaneous V/E F/E Indication.....

Duration of 1st stage.....hr.....min. 2nd stage.....min. 3rd stage.....min.

Perineum median cut mediolateral cut no tear teardegree

Suture suture no suture Blood loss.....cc.

Maternal health BP.../.....mmHg T.....C Pulse...../min RR...../min

N.B.....

CURRICULUM VITAE

Name Mrs. Usa Chuahorm

Date of Birth 17 March 1960

Place of Birth Chachoengsao, Thailand

Education 1991 Master of Science (Nursing)
Mahidol University, Bangkok, Thailand

1985 Bachelor of Nursing
Mahidol University, Bangkok, Thailand

1981 Certificate in Nursing and midwifery
Kuakarun College of Nursing, Bangkok Metropolitan,
Bangkok, Thailand

Professional Experience

1999-present Assistant Professor
Faculty of Nursing, Burapha University,
Chon Buri, Thailand

1992 - 1999 Lecturer
Faculty of Nursing, Burapha University,
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1981 - 1992 Registered Nurse
Charoenkrung Pracharak Hospital,
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