

**EFFECTS OF THE DIABETES SELF-MANAGEMENT PROGRAM  
ON KNOWLEDGE OF DIABETES, GLYCEMIC CONTROL,  
CARDIOVASCULAR RISK, AND QUALITY OF LIFE  
AMONG PEOPLE WITH DIABETES**

**CHODCHOI WATTANA**

**A THESIS SUBMITTED TO THE GRADUATE SCHOOL IN  
PARTIAL FULFILLMENT OF THE REQUIREMENTS  
FOR THE DEGREE OF  
DOCTOR OF PHILOSOPHY  
IN NURSING**

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