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ABBREVIATIONS AND SYMBOLS

A-NLC	=	Aril oil-loaded nanostructured lipid carriers
%	=	Percent
%CV	=	Percentage of coefficient of variation
°C	=	Degree celcius
cm	=	Centimeter
DPPH	=	1,1-Diphenyl-2-picrylhydrazyl
EC_1	=	Concentration of antioxidant having a ferric-TPTZ reducing ability equivalent to that of 1 mM $FeSO_4.7H_2O$
FRAP	=	Ferric reducing antioxidant power
g	=	Gram
HPH	=	High pressure homogenizer
hr	=	Hour
IC_{50}	=	Half maximal inhibitory concentration
mg	=	Milligram
min	=	Minute
mV	=	Millivolt
mL	=	Milliliter
nm	=	Nanometer
No.	=	Number
NLC	=	Nanostructured lipid carriers
O_2	=	Oxygen
O_2^-	=	Superoxide
Pas	=	Pascal
pH	=	Power of hydronium ion
PI	=	Polydisperity index
R^2	=	R-squared
Ra	=	Average roughness

RP-HPLC	=	Reversed phase - high performance liquid chromatography
Rz	=	Arithmetic average roughness
SD	=	Standard deviation
SLN	=	Solid lipid nanoparticles
TEM	=	Transmission electron microscope
TPTZ	=	2,4,6-Tris(2-pyridyl)-1,3,5-triazine
UV-Vis	=	Ultraviolet-visible
v/v	=	Volume by volume
w/w	=	Weight by weight
ZP	=	Zeta potential
μg	=	Microgram
μl	=	Microliter
μM	=	Micromolar
μm	=	Micrometer
λ	=	Wavelength