



APPENDICES

ลิขสิทธิ์มหาวิทยาลัยเชียงใหม่

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Appendix A

The interview form of farmer who a member and living around the Huay Sai
Royal Development and Study Center, Phetchaburi about lifestyle
regarding sufficiency economy philosophy

Interview form of lifestyle regarding Sufficiency Economy Philosophy of a farmer
who a member and living around the Huay Sai Royal Development and Study
Center in Phetchaburi Province

Date.....Month.....2010 Group of farmer

- ☐ 1. *Successful farmers*
☐ 2. *Unsuccessful farmers*
☐ 3. *Not participate*

Name.....Age.....Years

Religion.....Telephone.....Address.....

.....Tambon.....Amphur Cha - Am, Petchaburi

Instruction : Mark ✓ in the ☐ in front of the true statement or fill the sentence in
the blank as truth and please answer every question.

Part 1 Individual Factors

1.1 Total area of holding.....rai condition of holding area ☐ Rent
☐ Owner

1.2 Graduation level

- | | |
|---|---|
| <input type="checkbox"/> Less than Prathom 4 | <input type="checkbox"/> Less than Grad 4 |
| <input type="checkbox"/> Prathom 4 - 6 | <input type="checkbox"/> High School |
| <input type="checkbox"/> Bachelor's degree or equivalent. | <input type="checkbox"/> Postgraduate |
| <input type="checkbox"/> Uneducated | |

1.3 Number of household member.....

1.4 Career before using the sufficiency economy philosophy

- | | |
|--|---|
| <input type="checkbox"/> Serve under the crown | <input type="checkbox"/> work for wage |
| <input type="checkbox"/> Commercer | <input type="checkbox"/> Rice growing |
| <input type="checkbox"/> Agronomy farming | <input type="checkbox"/> Agronomy farming |
| <input type="checkbox"/> Other(Specify)..... | |

1.5 Pattern of agriculture activities regarding to sufficiency economy philosophy

- | | |
|---|--|
| <input type="checkbox"/> Agronomy farming | <input type="checkbox"/> Rice growing |
| <input type="checkbox"/> Agronomy farming/ Rice growing | <input type="checkbox"/> Raise animals |
| <input type="checkbox"/> Agronomy farming / Raise animals | <input type="checkbox"/> Rice growing/ Raise animals |
| <input type="checkbox"/> All | |

1.6 Duration of doing farm regarding sufficiency economy philosophy.....years

1.7 Source of water for agriculture

- | | |
|--|---------------------------------------|
| <input type="checkbox"/> Pond | <input type="checkbox"/> Canal |
| <input type="checkbox"/> Irrigation | <input type="checkbox"/> Ground water |
| <input type="checkbox"/> Other(Specify)..... | |

1.8 The original concept about sufficiency economy philosophy before living along the sufficiency economy philosophy

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1.9 The current concept about sufficiency economy philosophy after living along sufficiency economy philosophy

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1.10 What do you want the government supporting to be successful in living along sufficiency economy philosophy (can select more than 1 answer)

- | | |
|--|---|
| <input type="checkbox"/> Arable land | <input type="checkbox"/> Seed / Animals |
| <input type="checkbox"/> Source of water | <input type="checkbox"/> Tool/ Agricultural machinery |
| <input type="checkbox"/> Fund | <input type="checkbox"/> Other (Specify)..... |
| <input type="checkbox"/> Do not want | |

1.11 How is your lifestyle? Is it regarding the sufficiency economy philosophy? And, how it relate to the sufficiency economy philosophy?

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Part 2 Economic factors

2.1 Monthly family income.....baht Annual incomebaht

2.2 Monthly family expenses.....baht Annual expensesbaht

2.3 Amount of current debt.....baht

2.4 Cause of debt

- | | |
|--|---|
| <input type="checkbox"/> Family expenses | <input type="checkbox"/> Tuition fees of children |
| <input type="checkbox"/> Career investment | <input type="checkbox"/> Buy the land / a car |
| <input type="checkbox"/> Other (Specify) | |

2.5 Saving

☐ Yes..... Amount of money.....baht

☐ No

Part 3 Social Factors

3.1 Are you currently a member of any groups? (can select more than 1 answer)

☐ Savings and credit cooperatives

☐ Women's groups

☐ Group cremation

☐ Agricultural groups

☐ Other (Specify).....

3.2 Sharing and give support to the social (can select more than 1 answer)

☐ Give out

☐ Donation

☐ Sell cheap price

☐ Other

3.3 What the activities in the village do you participate?
(can select more than 1 answer)

☐ Village meeting

☐ Others groups meeting

☐ Tradition

☐ Other (Specify).....

For example

- ordination ceremony
- make merit
- wedding ceremony

3.4 How do you participate the village social activities?

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3.5 What are your ideas about development of village and social to be successful in practice regarding sufficiency economy philosophy?

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Part II Factors of knowledge understanding and practicing in the philosophy of sufficiency economy and practices of 3 hoops - 2 conditions (Adequacy, Reasonability, Immunity, Knowledge conditions, and Morality conditions)

3 Hoops (Adequacy, Reasonability, and Immunity)

Adequacy

2.1 How are your mainly self and family-restraint? (can select more than 1 answer)

- | | |
|--|---|
| <input type="checkbox"/> Self-reliant | <input type="checkbox"/> Live as self appropriate |
| <input type="checkbox"/> Not encroachment others | <input type="checkbox"/> Do not extravagantly |
| <input type="checkbox"/> Other (Specify)..... | |

2.2 How are your adequacy factors in current agriculture activities?
(can select more than 1 answer)

- | | |
|---|---|
| <input type="checkbox"/> Produce as the optimum level (not too much and not too less) | |
| <input type="checkbox"/> Produce as own capacity | <input type="checkbox"/> No hire labor |
| <input type="checkbox"/> Produce as market requirement | <input type="checkbox"/> Other (Specify)..... |

2.3 How do you manage your lifestyle? (can select more than 1 answer)

- | |
|---|
| <input type="checkbox"/> Reducing import from outside |
| <input type="checkbox"/> Enough for own consumption, the left is sell |
| <input type="checkbox"/> Adequacy, avoid the vice |
| <input type="checkbox"/> Save and saving |
| <input type="checkbox"/> Other (Specify)..... |

2.4 Where do you get knowledge about adequacy? (can select more than 1 answer)

- ☐ Training from Huay Sai Royal Development and Study Center
- ☐ Other media as TV, radio, book and publishing
- ☐ Talking with neighbors
- ☐ Own conceptual understanding
- ☐ Other (Specify).....

Reasonability

2.5 How do you understand about reasonability regarding sufficiency economy philosophy? (can select more than 1 answer)

- ☐ Have lifestyle concept
- ☐ Have work planned
- ☐ Think of the result
- ☐ Prudence determining
- ☐ Other (Specify).....

2.6 How do you use the reasonability in your lifestyle regarding sufficiency economy philosophy? (can select more than 1 answer)

- ☐ Think before doing
- ☐ Solve the problem by using reasonability
- ☐ Analysis of future-events by conscious
- ☐ Persist in the right way
- ☐ Other (Specify).....

2.7 Where do you get knowledge about reasonability?

(can select more than 1 answer)

- ☐ Training from Huay Sai Royal Development and Study Center
- ☐ Other media as TV, radio, book and publishing
- ☐ Talking with neighbors
- ☐ Own experience and conceptual understanding
- ☐ Other (Specify).....

2.8 How reasonability in sufficiency economy philosophy help in your living?

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Immunity

2.9 What are your understandings about Immunity in sufficiency economy philosophy? (can select more than 1 answer)

- | | |
|---|---|
| <input type="checkbox"/> Prepare for the change | <input type="checkbox"/> Able live event in the economic crisis |
| <input type="checkbox"/> Do not troubles the living | <input type="checkbox"/> Have the social immunity |
| <input type="checkbox"/> Other (Specify)..... | |

2.10 Where do you get knowledge about Immunity? (can select more than 1 answer)

- | |
|--|
| <input type="checkbox"/> Training from Huay Sai Royal Development and Study Center |
| <input type="checkbox"/> Other media as TV, radio, book and publishing |
| <input type="checkbox"/> Other (Specify)..... |

2.11 What are factors which result in your understanding in Immunity? (can select more than 1 answer)

- | | |
|---|---|
| <input type="checkbox"/> Income-Expense | <input type="checkbox"/> Agricultural outcome |
| <input type="checkbox"/> Saving | <input type="checkbox"/> The use of local resources |
| <input type="checkbox"/> Other (Specify)..... | |

2.12 How the Immunity result in your lifestyle?

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2 Conditions (Knowledge and Morality conditions)

Knowledge conditions

2.13 How the principles of Adequacy, Reasonability and Immunity induce your knowledge? (can select more than 1 answer)

- | | |
|---|---|
| <input type="checkbox"/> The exchange of learning | <input type="checkbox"/> Household accounting knowledge |
| <input type="checkbox"/> Knowledge of local knowledge | |
| <input type="checkbox"/> Knowledge of the conservation of environmental resources | |
| <input type="checkbox"/> Other (Specify)..... | |

2.14 How are your knowledge in sufficiency economy philosophy?

(can select more than 1 answer)

- ☐ Learn to live a self-sufficient lifestyle
- ☐ Understanding and can practice
- ☐ Live on precaution, not greed and have adequacy and reasonability
- ☐ Having knowledge and the way of use of sufficiency economy philosophy
- ☐ Other (Specify).....

2.15 How the knowledge conditions affect on your lifestyle and agricultural activities?

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Morality conditions

2.16 What are your morality principles in your lifestyle?

(can select more than 1 answer)

- ☐ Munificent
- ☐ Diligent and saving
- ☐ Other (Specify).....
- ☐ Observe the precepts
- ☐ Tradition conservative

2.17 How your knowledge about morality regarding to sufficiency economy philosophy? (can select more than 1 answer)

- ☐ Helping social/community
- ☐ Faithful to the profession and society
- ☐ Stand in goodness, justice and reasonably
- ☐ Not taking advantage of others
- ☐ Other (Specify).....

[illegible]

2.19 Composition of sufficiency economy philosophy	Perception of sufficiency economy philosophy	
	know	unknown
2.19.1 All activities in the sufficient level must be use knowledge and morality as the basic		
2.19.2 Knowledge conditions consist of expert of technical, carefully considered in the integration of knowledge and planning, and treated with carefully.		
2.19.3. Morality condition must consist of moral awareness, morality, patience and perseverance, give conscious and wisdom in the way of life		
2.19.4. Other (If any).....		

2.20 Benefits of sufficiency economy philosophy	Perception of sufficiency economy philosophy	
	know	unknown
2.20.1 Eliminate greed and create mental adequacy		
2.20.2 Do not taking advantage of others and believe on the basis of friendship which is the adequacy of social		
2.20.3 Do not paid over income which is the economic adequacy		
2.20.4 Preserve and develop natural resources which is the adequacy of natural resources and environment		
2.20.5 Technology appropriation used which is the technology adequacy		
2.20.6 The development result of sufficiency economy is the balance and sustainable development		
2.20.7 Other (If any).....		

2.21 The meaning and importance of sufficiency economy philosophy	Perception of sufficiency economy philosophy	
	know	unknown
2.21.1 Sufficiency economy philosophy is the philosophy of King Bhumibol Adulyadej		
2.21.2 Sufficiency is adequacy, reasonability including must be have immune system.		
2.21.3 Adequacy is moderation of all activities; agriculture, agricultural business or nonagricultural business, and etc.		

2.21 The meaning and importance of sufficiency economy philosophy	Perception of sufficiency economy philosophy	
	know	unknown
2.21.4 Reasonability is determined of sufficiency level which must be reasonable, by consider from the relate information including carefully think of the result from any actions.		
2.21.5 Immunity is a preparation for the impact and changes that will take place with regard to the possibility of different situations which are expected to occur in the future, both near and far.		
2.21.6 The development regarding to sufficiency economy principle is the development which located on basis of the middle way and the vigilance with regard to modesty, reason and immunity to encounter with the world situations. As well as using of knowledge, caution and moral in decision-making and action for the security of family, community and bigger level.		
2.21.7 Sufficiency economy focus on the middle path and development step by step		
2.21.8 Other (If any).....		

**The practice of sufficiency economy philosophy of farmers who living around
Huay Sai Royal Development and Study Center**

2.22 The practice regarding the sufficiency economy philosophy	Practice of sufficiency economy philosophy	
	Practice	No practice
2.22.1 Saving is the important activity to driving sufficiency economy		
2.22.2 The saving group for production is the main of driving sufficiency economy		
2.22.3 Sufficiency economy philosophy can be practice/applied to all levels; family level, community level including the state level.		
2.22.4 The learning activities of sufficiency philosophy consist of 6 parts, which are reducing expenditures, increasing revenues, saving, learning, conservation of natural resources and the environment, and generosity and unity.		
2.22.5 Other (If any).....		

2.23 The activity of reducing expenditures	Practice regarding sufficiency economy philosophy	
	Practice	No practice
2.23.1 Have home-grown vegetable, raise chicken, duck, fish, etc. for own consumption.		
2.23.2 Have been applied and produced organic-fertilizer, manure and compost, and reduced inorganic fertilizer application.		
2.23.3 Have been applied biochemical as a pesticides. And reduce the use of chemicals pesticides.		
2.23.4 Have the food processing for the long consumption such as fruits processing.		
2.23.5 Have production of own consumer goods such as dishwashing liquid, shampoo, Citronella insect repellent, etc. including weaving and sewing own clothes.		
2.23.6 Have the accounts of revenue - expenses		
2.23.7 Have avoided and ignored the drinking / smoking / gambling / nightlife		
2.23.8 Other (If any).....		

2.24 The activity of increasing revenues	Practice regarding sufficiency economy philosophy	
	Practice	No practice
2.24.1 Have the supplementary occupation training and practice of the new career to have efficient from main occupation.		
2.24.2 Used the time to be useful to increase revenue, such as getting a job to do at home.		
2.24.3 Have group activities to increase revenue.		
2.24.4 Have the integrated farming system or have the rotational multiple cropping throughout the year.		
2.24.5 Other (If any).....		

2.25 The activities of saving	Practice regarding sufficiency economy philosophy	
	Practice	No practice
2.25.1 Have the energy saving such as water supply, electricity, telephone, fuel or renewable fuel which is cheaper.		
2.25.2 Have money saving such as saving money and to be the member of various funds in the village.		
2.25.3 Recycle and reused .		
2.25.4 Other (If any).....		

2.26 The activities of learning	Practice regarding sufficiency economy philosophy	
	Practice	No practice
2.26.1 Have children attend the religion activities, traditions and local culture.		
2.26.2 Plan to improve the own lives or own family in sufficiency economy such as expense plan, savings plan, investment plan, etc.		
2.26.3 Have immunity learning for members, such as saving money for invest, create a happy family.		
2.26.4 Encourage children to inherited the wisdom of households / communities such as Thai traditional medicine, the use of herbs, the craftsmen, etc.		
2.26.5 Other (If any).....		

2.27 The activities of conservation of natural resources and the environment	Practice regarding sufficiency economy philosophy	
	Practice	No practice
2.27.1 Mulching, vetiver grass growing to protect soil erosion.		
2.27.2 The reforestation and conservation of community forest.		
2.27.3 Take care and preservation of fish resources of the community and rescinded fishing in the spawning season.		
2.27.4 Care of river, canal, and other water resources.		
2.27.5 Planted trees, flower planting - ornamental plants to be cool and pleasant.		
2.27.6 Keep cleaned of the public place and have the right way to manage the waste and pollution.		
2.27.7 Be cared and preserved of the public and the community.		
2.27.8 Other (If any).....		

2.28 The activities of social cooperation	Practice regarding sufficiency economy philosophy	
	Practice	No practice
2.28.1 Be the member of cremation group or joint in life insurance, community welfare or other community welfare groups.		
2.28.2 Take care for the disadvantaged / disabled / elderly as appropriate or sharing and helping in times of scarcity such as sharing food. Clothing, medicines, etc..		
2.28.3 Helping the neighbors or others during encounter danger or other opportunities as appropriate.		
2.28.4 Always join in community activities.		
2.28.5 To behave as a good role model to the youth		
2.28.6 Join a community shop / demo center market.		
2.28.7 Participated in A campaign of against drug / prevention of diseases.		
2.28.8 Other (If any).....		

Part 4 Environment factors

4.1 How to use the local resources to be successful in sufficiency economy philosophy practice?

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4.2 What your agricultural landscape like?

☐ Lowland

☐ Degrade forest

☐ Other

☐ Highland

☐ Rain shadow

4.3 The factors which affected to the successful of agricultural practices according to the philosophy of sufficiency economy

☐ Water resources

☐ Soil condition

☐ Knowledge

☐ Amount of arable land

☐ Fund

☐ Other (Specify).....

4.4 What are your guideline in conservation and restoration of the environment together with the living as sufficiency economy philosophy?

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Part 5 Cultural factors

5.1 Local tradition which you are also practices and participation in heritage and conservation

- ☐ ordination ceremony ☐ wedding ceremony ☐ Making merit for the house
☐ Religious festivals
☐ Prayer ☐ Hajj ☐ Fasting - End of Buddhist Lent
☐ other - Buddhist Lent
 specify 1. - Buddhist Sabbath
 2.
 3.

5.2 How are your guideline to preserve and inherit the tradition and local culture to achieve sustainability and to descendants?

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5.3 How the local culture and traditions related to the sufficiency economy philosophy lifestyle?

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Part 6 Policies and plans factors

6.7 What is your understanding of sufficiency economic policies?

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6.8 How important of sufficiency economic policies to your lifestyle and agriculture activities?

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6.9 What are your understanding about the concept of development regarding to sufficiency economy philosophy?

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6.10 How should be your development the quality of life, Economic and social according to the philosophy of sufficiency economy plan?

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6.11 Do the Center establish knowledge and understanding about policies and plan of sufficiency economy to you? (If yes, What they do?)

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6.12 Other comments (if any)

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The main points of interview and meeting group (FOGUS GROUP) of member around the Huay Sai Royal Development and Study Center. The sample group who use sufficiency economy philosophy in their lifestyle.

1. Why you do not participate in the project of Huay Sai Royal Development and Study Center
 - Have somebody persuade or not
 - Do you get news or public relations from the center?
 - Do you ever seen the changing of your neighbor who use sufficiency economy in their lifestyle?
 - Do you interesting in sufficiency economy philosophy or not
2. What are your agriculture activities? (growth crop, raise animals, agronomy farm, paddy field, fisherman, etc.)
 - Do it similarly with sufficiency economy philosophy?
 - What problems do you get from your agriculture activities and lifestyle and how do you solve it?

3. What are your understanding about sufficiency economy philosophy?
 - Did you ever get training about sufficiency economy philosophy?
 - Where do you get knowledge of the way of life and the method agriculture and how?
4. What are the important factors on your living and earn a living?
 - * Inside factors
 - household member
 - income and expense
 - education level
 - total area of holding
 - career or pattern of farming
 - duration
 - * Outside factors
 - water resource
 - learning
 - training
 - marketing
 - social communication
 - resources and environment
 - culture
5. Will you participate the project, if you see the successful person in practice sufficiency economy philosophy? And why?
6. Will you participate the project, if you know there is no any expense and take the little time?
 - How you participate?
 - How are your expecting?
7. How are your family economic status? Do you have any problem?
 - debt
 - income/expense
 - saving
 - family financial management

8. What are suitable guidelines of promotion and training about sufficiency economy philosophy to you?

-pattern of agriculture

- the way to give knowledge

- suggestion/helping

9. Do you have any suggestion for Huay Sai Royal Development and Study Center to encourage people in the area pay attention and change their lifestyle to sufficiency economy?

Appendix B
Honor awards research of outstanding in sufficiency economy



Appendix C
Picture of awards outstanding for sufficiency economy research



โล่รางวัลงานวิจัยดีเด่น ที่ก่อให้เกิดประโยชน์แก่ท้องถิ่น
สาขาปรัชญาเศรษฐกิจพอเพียง
จากนายอำพล เสนาณรงค์ องคมนตรี
ประธานบริหารโครงการศูนย์ศึกษาพัฒนาห้วยทราย
อันเนื่องมาจากพระราชดำริ

มอบโดย นายพลากร สุวรรณรัตน์ องคมนตรี ประธานในพิธี
เมื่อวันที่ ๒๔ สิงหาคม ๒๕๕๔

ณ ศูนย์ศึกษาการพัฒนาห้วยทรายอันเนื่องมาจากพระราชดำริ
อำเภอชะอำ จังหวัดเพชรบุรี

Appendix D

Picture of getting awards outstanding for sufficiency economy research from
Privy Councilor, Phalakorn Suwanrath



นายวิชา ปิ่นทอง
รับโล่รางวัลงานวิจัยดีเด่น ที่ก่อให้เกิดประโยชน์แก่ท้องถิ่น
สาขาปรัชญาเศรษฐกิจพอเพียง
จากนายอำพล เสนาณรงค์ องคมนตรี
ประธานบริหารโครงการศูนย์ศึกษาพัฒนาห้วยทราย
อันเนื่องมาจากพระราชดำริ

มอบโดย นายพลากร สุวรรณรัตน์ องคมนตรี ประธานในพิธี
เมื่อวันที่ ๒๔ สิงหาคม ๒๕๕๔
ณ ศูนย์ศึกษาการพัฒนาห้วยทรายอันเนื่องมาจากพระราชดำริ
อำเภอชะอำ จังหวัดเพชรบุรี

CURRICULUM VITAE**Name**

Mr. Watchara Pinthong

Date of Birth4th May 1973**Education Background**

1997-1999

Master Degree Chiang Mai University

1993-1996

Bachelor Degree Chiang Mai University