

## Abbreviations

A	Arm span	ECG	Electro-cardiograph
AB	Abdominal	ECM	Extracellular mass
ABW	Actual body weight	ED	Emergency department
AC	Age categories in 5 years	F	Female
AIC	Akaike's information criteria	FBBL,	Left foot breadth at ball (measured by foot print method)
BCM	Body cell mass	FFM	Fat free mass
Bi	Biceps skinfolds(mm)	FFMI,	Fat free mass index
BIA	Bioelectrical impedance analysis	FM	Fat mass
BIC	Bayesian's information criteria	FMI,	Fat mass index
BMI	Body mass index, Quetelet's index	FOR	Forearm circumference (cm)
BSA	Body surface area	H,	Healthy volunteers
Bwi	Initial body weight	<sup>2</sup> H	Deuterium
BWp	Present body weight	<sup>3</sup> H	Tritium
C	Concentration of administration isotope	HL	Hand length
C+Hp	Chest + Hip circumference model	Hp	Hip circumference(cm)
C+U	Chest + Umbilical level circumference model	HT, Ht,	Height
C+W	Chest + Waist circumference model	H	
C <sub>1</sub>	Base line concentration of isotope in serum/urine/breath	HWDI	Height weight difference index
C <sub>2</sub>	Concentration of isotope in serum/urine/breath sample after equilibration	I	Suprailiac skinfold (mm)
4C	Four compartment model	IQR	Inter-quartile range
Ca	Calcium	IBW	Ideal body weight
CC	Calf circumference	K, KH	Knee height
CC	Combination vs. Combination	<sup>40</sup> K	Potassium-40
Cco	Combination covariates equation or formula	K <sub>e</sub>	Exchangeable potassium
CCr	Creatinine clearance	kg	Kilogram
Cl	Chloride	LBW	Lean body weight
CS	Combination vs. Single covariate	ln	Natural logarithm
CT scan	Computer tomography scan	ln (CIRC)	Natural logarithm of the sum of five circumferences in cm (upper-arm, upper abdomen, lower abdomen, thigh and calf);
CV	Coefficient of variance (%);	ln (SKF)	The natural logarithm of the sum of the triceps and thigh skinfolds (mm)
D	Body density	LOA	95% limits of agreement
D+S+K	Demispan, sitting height and knee height equations	log SK <sub>4</sub>	Logarithm of sum of four skinfold thickness(mm);
Day <sub>i</sub>	Initial day	M	Male
Day <sub>p</sub>	Present day	MAC	Mid arm circumference
DEXA	Dual energy X-ray absorptiometry	MAC	Mid arm circumference
Diff	The difference between two measurements	MAR	Ratio of body mass to arm span(kg/cm)
DNM	Densitometry	MLR	Ratio of body mass to lower leg length(kg/cm)
ECF	Extracellular fluid		

mm	Millimeter	S	Sitting height
$M_n$	The $n^{\text{th}}$ replicate of the measurement where, $n$ varies from 1 to $K$	S+K	Sitting height and knee height model
MRI	Magnetic resonance image	$s^2$	The subject variance
MSE	Root mean square error	SC	Subscapular skinfolds (mm)
MUAC	Mid upper arm circumference (cm)	Sc <sub>o</sub>	Single covariate equation or formula
N	Nitrogen, number of subjects	S.D.	standard deviation
N.A.	Not available	SH	Sitting height
Na	Sodium	SK <sub>4</sub>	The sum (in mm) of the skinfold measurement for the biceps, triceps, subscapular and Suprailiac skinfolds
NAA	Neutron activation analysis	Sp	Specificity
Na <sub>e</sub>	Total exchangeable sodium	Sqr	Square root
<sup>18</sup> O	Oxygen-18	SS	Single vs. Single
P	Phosphate, patients	SST	Subscapular skinfold thickness
PEs	Partitioned residual sum of square	T	Thigh skinfold (mm)
PFM	Percentage fat free mass	TBW	Total body water
PFMR	Percentage fat free mass to BMI ratio	TEM	Technical error of the measurement
PFM	Percentage of body fat mass	%TEM	Percent technical error
PFM	Percentage of fat mass	TF	Triceps skinfold
PFM	Percent body fat mass (%)	TOBEC	Total body electrical conductivity
PFMR	Percentage fat mass to BMI ratio	TSF	Triceps skin fold thickness
PNI	Prognostic nutritional index	UL	Ulnar length
R	Resistance, coefficient of reliability	UWW	Underwater weighing
R (Na <sub>e</sub> )	The sum of the sodium and potassium content of a sample of whole blood, divided by its water content	V	Volume of dose
RV	Residual lung volume in liters	W	Waist circumference(cm)
s	Sensitivity	WHO	World Health Organization
		WT	Predicted body weight

## Publications based on studies described in this thesis

### Chapter 2

Chittawatanarat K, Pruenglampoo S, Trakulhoon V, Ungpinitpong W, Patumanond J. Height prediction from anthropometric length parameters in Thai people. *Asia Pac J Clin Nutr* 2012;21:347-54.

Chittawatanarat K, Pruenglampoo S, Trakulhoon V, Ungpinitpong W, Patumanond J. Development of gender- and age group-specific equations for estimating body weight from anthropometric measurement in Thai adults. *Int J Gen Med* 2012;5:65-80.

### Chapter 3

Chittawatanarat K, Pruenglampoo S, Trakulhoon V, Ungpinitpong W, Patumanond J. Height prediction from anthropometric length parameters in Thai people. *Asia Pac J Clin Nutr* 2012;21:347-54.

Chittawatanarat K, Pruenglampoo S, Trakulhoon V, Ungpinitpong W, Patumanond J. Development of gender- and age group-specific equations for estimating body weight from anthropometric measurement in Thai adults. *Int J Gen Med* 2012;5:65-80.

### Chapter 4

Chittawatanarat K, Pruenglampoo S, Kongsawasdi S, Chuatrakoon B, Trakulhoon V, Ungpinitpong W, Patumanond J. The variations of body mass index and body fat in adult Thai people across the age spectrum measured by bioelectrical impedance analysis. *Clin Interv Aging* 2011;6:285-94.

## TABLE OF CONTENTS

	Page
Acknowledgements	iii
Abstract in English	iv
Abstract in Thai	vi
Abbreviations	viii
Publications based on studies described in this thesis	x
Chapter 1: Introduction	1
Chapter 2: Anthropometric and body composition measurement methods	13
Chapter 3: Height, body weight and body fat prediction by anthropometric measurements	39
Chapter 4: Variations and errors in anthropometric measurement and body composition prediction	73
Chapter 5: Concluding remarks	83
Appendices:	
Appendix A Thesis philosophical context of study design and biostatistics analysis	
Appendix B Height prediction from anthropometric length parameters in Thai people	
Appendix C Development of gender- and age group-specific equations for estimating body weight from anthropometric measurement in Thai adults	
Appendix D The variations of body mass index and body fat in adult Thai people across the age spectrum measured by bioelectrical impedance analysis	
Curriculum vitae	