

**RELAXATION TECHNIQUES FOR TREATMENT OF HYPERTENSION
AND MENOPAUSAL SYMPTOMS**

SUPRAWITA SAENSAK

**DOCTOR OF PHILOSOPHY
IN CLINICAL EPIDEMIOLOGY**

ลิขสิทธิ์มหาวิทยาลัยเชียงใหม่

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THE GRADUATE SCHOOL
CHIANG MAI UNIVERSITY
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AND MENOPAUSAL SYMPTOMS**

SUPRAWITA SAENSAK

**A THESIS SUBMITTED TO THE GRADUATE SCHOOL IN
PARTIAL FULFILLMENT OF THE REQUIREMENTS
FOR THE DEGREE OF
DOCTOR OF PHILOSOPHY
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