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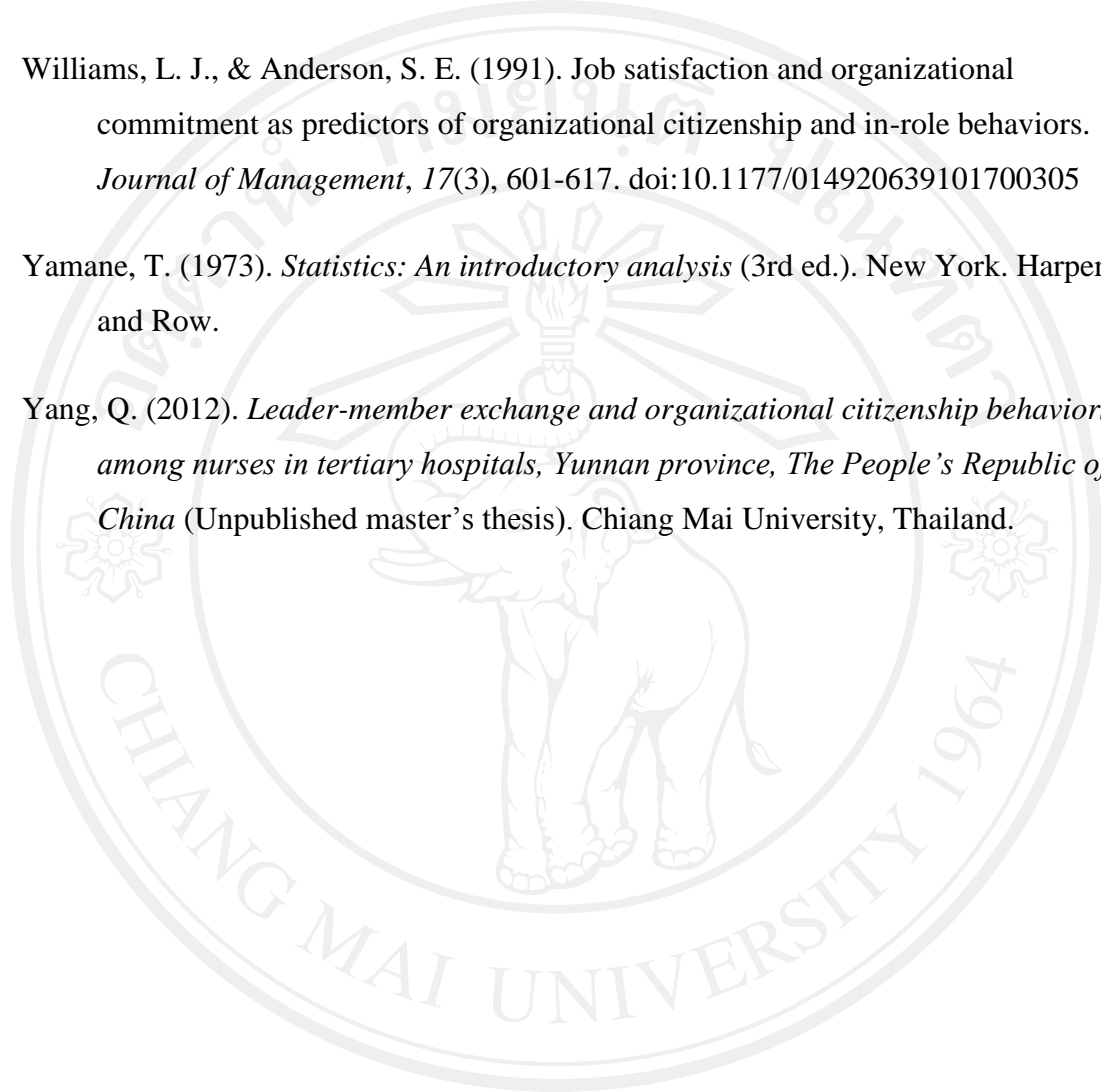   20fir%20&%20sprituality.pdf

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