

## CONTENTS

	Page
Acknowledgement	iv
Abstract in English	vi
Abstract in Thai	viii
List of Tables	xiii
List of Figures	xiv
Statement of Originality in English	xv
Statement of Originality in Thai	xvi
Chapter 1 Introduction	1
Background and Significance of the Research Problem	1
Research Objectives	8
Research Hypotheses	8
Scope of the Study	8
Definition of Terms	9
Chapter 2 Literature Review	11
Elderly Dependency	11
The Family Caregiving of Dependent Elders	28
Capacity Building	36
Care Ability	49
Quality of Care	55
Theoretical Framework	62

## CONTENTS (continued)

	Page
Chapter 3 Methodology	65
Research Design	65
Population and Sample	66
Research Setting	69
Research Intervention	69
Research Instruments	74
Testing for Quality of Research Instruments	76
Human Rights Protection of Research Subjects	77
Data Collection	77
Data Analysis	81
Chapter 4 Results and Discussion	82
Results of the Study	82
Discussion	93
Chapter 5 Conclusion and Recommendations	102
Conclusion of Findings	102
Implications of Findings	103
Limitations of the Study	104
Recommendations for Further Research	104
References	105

## CONTENTS (continued)

	Page
Appendices	124
Appendix A Ethical Approval Document	125
Appendix B Informed Consent Form	127
Appendix C Instrumentations	130
Appendix D Calculation of the Content Validity Index (CVI)	137
Appendix E Family Caregiver Capacity Building Program	139
Appendix F Caregiving for Dependent Elders Booklet	148
Appendix G Permission to Use Instrument	149
Appendix H Permission to Data Collection	153
Appendix I List of Experts	154
Appendix J Additional Analysis	155
Curriculum Vitae	159

ลิขสิทธิ์มหาวิทยาลัยเชียงใหม่  
Copyright© by Chiang Mai University  
All rights reserved

## LIST OF TABLES

	Page
Table 3-1    Schedule and Contents of FCCBP Experimental Program	72
Table 4-1    Characteristics of the Sample, Experimental Group and Control Group of the Dependent Elders	84
Table 4-2    Characteristics of the Sample, Intervention Group and Control Group of the Family Caregivers	87
Table 4-3    Comparison of Care Ability of Family Caregivers Between the Experimental Group (n=26) and Control Group (n=29) at Baseline	89
Table 4-4    Comparison of Care Ability of Family Caregivers Within the Experimental Group (n=26) and Control Group (n=29) at Week-12	90
Table 4-5    Comparison of Care Ability of Family Caregivers in the Experimental Group Between Pre-test and Post-test	90
Table 4-6    Comparison of Care Ability of Family Caregivers in the Control Groups Between Pre-test and Post-test	90
Table 4-7    Comparison of Quality of Care of Family Caregivers Within the Experimental Group (n=24) and Control Group (n=25) at Baseline	91
Table 4-8    Comparison of Quality of Care of Family Caregivers Within the Experimental Group (n=24) and Control Group (n=25) at Week-24	92
Table 4-9    Comparison of Quality of Care of Family Caregivers in the Experimental Group Between Pre-test and Post-test	92
Table 4-10   Comparison of Quality of Care of Family Caregivers in the Control Group Between Pre-test and Post-test	92

## LIST OF FIGURES

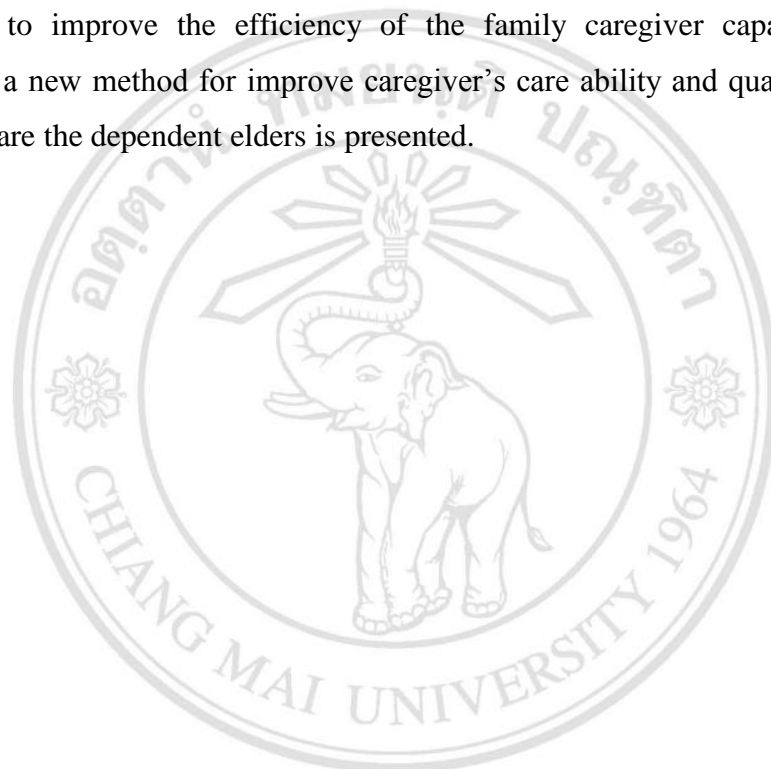
	Page
Figure 1 Empowerment model of Gibson	43
Figure 2 Family empowerment model of Hulme	44
Figure 3 The conceptual framework of the study	64
Figure 4 The experimental pretest-posttest control group design	65
Figure 5 Flow diagram presents recruitment trial	68
Figure 6 Data Collection Method	80



ลิขสิทธิ์มหาวิทยาลัยเชียงใหม่  
Copyright© by Chiang Mai University  
All rights reserved

## STATEMENT OF ORIGINALITY

1. A new approach of capacity building for family caregivers who provide care for the dependent elders which based on the concept of family empowerment in order to increases ability of care and quality of care.
2. In order to improve the efficiency of the family caregiver capacity building program, a new method for improve caregiver's care ability and quality of care to provide care the dependent elders is presented.



ลิขสิทธิ์มหาวิทยาลัยเชียงใหม่  
Copyright© by Chiang Mai University  
All rights reserved

## ข้อความแห่งการริเริ่ม

1. วิทยานิพนธ์นี้ได้เสนอวิธีการใหม่ในการเสริมสร้างศักยภาพผู้ดูแลในครอบครัว บนพื้นฐานแนวคิดการเสริมสร้างพลังอำนาจของครอบครัว เพื่อเพิ่มความสามารถในการดูแลและคุณภาพของการดูแลผู้สูงอายุที่มีภาวะพึ่งพิง
2. เพื่อการเพิ่มประสิทธิภาพของผู้ดูแลในครอบครัวที่ให้การดูแลผู้สูงอายุที่มีภาวะพึ่งพิงด้วยการนำโปรแกรมเสริมสร้างศักยภาพผู้ดูแลในครอบครัว ซึ่งเป็นวิธีการใหม่สำหรับเพิ่มความสามารถในการดูแลและคุณภาพการดูแลผู้สูงอายุที่มีภาวะพึ่งพิง ดังที่ได้นำเสนอไว้ในวิทยานิพนธ์นี้



ลิขสิทธิ์มหาวิทยาลัยเชียงใหม่  
Copyright© by Chiang Mai University  
All rights reserved