

**BREASTFEEDING PRACTICE AND SELF-EFFICACY
AMONG NEPALESE ADOLESCENT
FIRST-TIME MOTHERS**



MASTER OF NURSING SCIENCE

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**GRADUATE SCHOOL
CHIANG MAI UNIVERSITY
DECEMBER 2015**

**BREASTFEEDING PRACTICE AND SELF-EFFICACY
AMONG NEPALESE ADOLESCENT
FIRST-TIME MOTHERS**



**A THESIS SUBMITTED TO CHIANG MAI UNIVERSITY IN PARTIAL
FULFILLMENT OF THE REQUIREMENTS FOR THE DEGREE OF
MASTER OF NURSING SCIENCE**

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AMBIKA RAI

THIS THESIS HAS BEEN APPROVED TO BE A PARTIAL FULFILLMENT OF
THE REQUIREMENTS FOR THE DEGREE OF
MASTER OF NURSING SCIENCE

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