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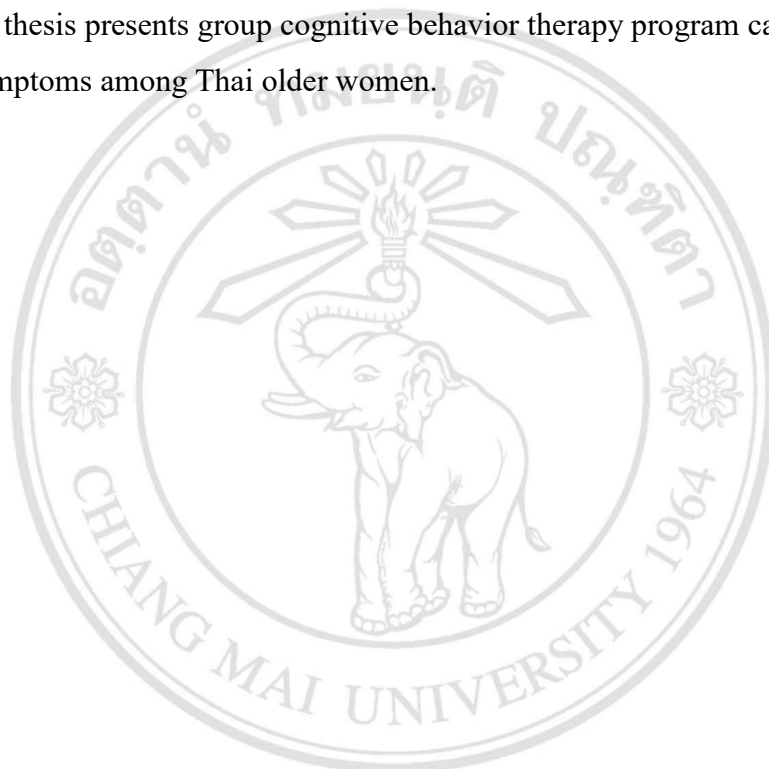


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## STATEMENT OF ORIGINALITY

1. This thesis present a new group nursing intervention program based on Beck's cognitive behavior therapy with specific activities and suitable for Thai older women community dwelling in order to reducing depressive symptoms.

2. This thesis presents group cognitive behavior therapy program can reducing depressive symptoms among Thai older women.



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## ข้อความแห่งการริเริ่ม

1. วิทยานิพนธ์นี้ได้นำเสนอโปรแกรมการบำบัดทางการพยาบาลแบบกลุ่มที่สร้างขึ้นใหม่ ภายใต้แนวคิดการบำบัดความคิดและพฤติกรรมของเบค ร่วมกับกิจกรรมที่เฉพาะเจาะจงและเหมาะสมสำหรับผู้สูงอายุหญิงไทยในชุมชน เพื่อลดอาการซึมเศร้า
2. วิทยานิพนธ์นี้ได้นำเสนอโปรแกรมการบำบัดความคิดและพฤติกรรมแบบกลุ่มสามารถลดอาการซึมเศร้าในผู้สูงอายุหญิงไทย



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