

INTERNATIONAL EDITION

Not authorised for sale in United States, Canada, Australia, New Zealand, Puerto Rico or the U.S. Virgin Islands

Middle Range Theories

APPLICATION TO NURSING
RESEARCH AND PRACTICE

FIFTH
EDITION

Sandra J. Peterson / Timothy S. Bredow

86
5M
0

Contents

PART 1 Overview of Theory

- 1 Introduction to the Nature of Nursing Knowledge 1
Sandra J. Peterson
Philosophy 4
Metaparadigm and Paradigms 6
Conceptual Models 11
Theory: General Issues 14
Grand Theory 21
Middle Range Theory 22
Practice Theory/Micro Theory/
Situation-Specific Theory 28
Summary 31
- 2 Analysis, Evaluation, and Selection of a Middle Range Nursing Theory 37
Timothy S. Bredow and Eun-Ok Im
Historical Background 38
Theory Analysis/Critique 40
Theory Evaluation 42
Current Status of Middle Range Theory
Evaluation and Review 46
Selecting a Theory for Nursing Research 46
Middle Range Theory Evaluation Process 47
Summary 48
- 3 Application of Middle Range Theories to Project Management 50
Timothy S. Bredow and Connie Lynn Clark
Initiation of a Nursing Project 51
Selection of a Middle Range Theory 51
Management of the Project 52
Tools Used to Plan a Project 53
Setting Priorities 56
Analysis and Evaluation of Outcomes 56
Summary 57

PART 2 Middle Range Theories: Physiological

- 4 Pain: A Balance Between Analgesia and Side Effects 59
Marion Good
Historical Background 60
Definition of Theory Concepts 61
Description of the Theory of Pain: A Balance Between Analgesia and Side Effects 63
Applications of the Theory 64
Use of the Theory in Practice 69
Summary 73

- 5 Unpleasant Symptoms 77
Elizabeth R. Lenz, Linda C. Pugh, and Renee Milligan
Historical Background 77
The Theory of Unpleasant Symptoms 78
Description of the Theory of Unpleasant Symptoms 78
Models That Expand or Modify the Theory of Unpleasant Symptoms 83
Assessment of Symptoms 84
Instruments Used in Empirical Testing 84
Summary 86

PART 3 Middle Range Theories: Psychological

- 6 Self-Efficacy 91
Barbara Resnick
Historical Background 91
Definition of Theory Concepts 92
Relationships Among the Concepts:
The Model 94
Application of the Theory in Research 94
Application of the Theory in Practice 99
Summary 102
- 7 Chronic Sorrow 107
Georgene Gaskill Eakes
Historical Background 107
Current Research on Chronic Sorrow 108
Middle Range Nursing Theory of Chronic Sorrow 108
Research Applications of Chronic Sorrow 111
NCRCS Chronic Sorrow Instrument Development 112
Summary 112
- 8 Spiritual Care in Nursing Practice (SCiNP) 116
Lisa Burkhart and Nancy S. Hogan
Historical Background 116
Empirical Development of the Spiritual Care in Nursing Practice Theory 117
Definition of Theory Concepts 117
Instruments Used in Empirical Testing 119
Application of the Theory in Practice 120
Application of the Theory in Research 122
Conclusion 123
Summary 124

PART 4 Middle Range Theories: Social

- 9 Social Support**.....127
Marjorie A. Schaffer
Historical Background 127
Definition of Theory Concepts 128
Application of the Theory in Practice 134
Application of the Theory in Research 136
Challenges to Social Support Theory
Development and Research 141
Summary 143
- 10 Caring**.....148
Danuta M. Wojnar
Historical Background 148
Theory Development 149
Definitions of Theory Concepts 150
Description of the Theory of Caring 152
Examples of the Theory Application in
Research 152
Summary 155
- 11 Interpersonal Relations**.....157
Sandra J. Peterson
Historical Background 158
Definitions of Theory Concepts 159
Description of Theory of Interpersonal
Relations 159
Applications of the Theory: Research 165
Applications of the Theory: Practice 169
Applications of the Theory: Theory and
Model Development 169
Summary 172
- 12 Attachment**.....175
Trine Klette and Sandra J. Peterson
Historical Background 175
Description of Attachment Theory 175
Definition of Key Concepts 176
Attachment as a Basic Need 177
Attachment and Care 178
Attachment and Health 178
Development and Change 179
Applications of Attachment Theory:
Research 180
Applications of Theory: Practice 181
Further Research 185
Summary 185
- PART 5 Middle Range Theories:
Integrative**
- 13 Comfort**.....189
Katherine Kolcaba and Cecelia L. Crawford
Historical Background 190
Definitions of Theory Concepts 191
Description of Theory: Major Components
and Their Relationships 192
- Research Applications for the Theory
of Comfort 202
Evidence-Based Nursing Practice
Applications 205
Quality Improvement/Performance
Improvement Applications 205
Instruments Used in Empirical Testing 205
Summary 207
- 14 Health-Related Quality of Life**.....210
*Kristin E. Sandau, Timothy S. Bredow,
and Sandra J. Peterson*
Historical Background 210
Definition of Theory Concepts 211
Description of the Theory of Quality of Life
and Health-Related Quality of Life 212
Application of the Theory in Research 214
Instruments Used in Empirical Testing 215
Health-Related Quality of Life as an
Outcome Measure in Nursing 217
Summary 222
- 15 Health Promotion**.....225
Marjorie C. McCullagh
Historical Background 226
Pender's Definition of Health 226
Description of the Health Promotion
Model 227
Measurement of Model Concepts 229
Implications of the Model for Clinical
Practice 229
Summary 232
- 16 Deliberative Nursing Process**.....234
Mertie L. Potter
Historical Background 235
Definition of Theory Concepts 236
Description of the Theory of Deliberative
Nursing Process 241
Applications of the Theory 243
Instruments Used in Empirical Testing 248
Conclusion 251
Summary 251
Acknowledgments 252
- 17 Resilience**.....255
Joan E. Haase and Celeste R. Phillips
Historical Background and Current
Perspectives 256
Definition of Resilience and Concepts 256
Description of Resilience in Theories
and Models 265
Application of a Theory: The Resilience
in Illness Model 267
Instruments Used in Empirical Testing
of Resilience 271
Summary 273
- 18 Planned Change**.....277
Timothy S. Bredow and Kenneth Culp
Historical Background 278

The Health Belief Model	278	Description of the Theory of Synergy Model	292
Theory of Planned Behavior	280	Use of the Theory in a System	301
Self-Determination Theory	281	Summary	302
Organizational Change Theories	283	Appendix	305
Process-Oriented Change Concepts	286	Index	315
Summary	288		
19 The AACN Synergy Model.....	291		
<i>Sonya R. Hardin and Diane O. Chlebowy</i>			
Historical Background	291		

INTERNATIONAL EDITION

Not authorised for sale in United States, Canada, Australia, New Zealand, Puerto Rico or the U.S. Virgin Islands

Middle Range Theories FIFTH EDITION

APPLICATION TO NURSING RESEARCH AND PRACTICE

Sandra J. Peterson, PhD, RN

Timothy S. Bredow, PhD, RN, NP-C

Confidently Tackle Any Research or Practice Project.

The most complete and detailed middle range theories resource available, this robust text helps you develop the critical thinking and project management capabilities to successfully complete any nursing research or practice project. Expert insight and real-world examples detail each theory's use in research and its application to practice, accompanied by critical thinking exercises and practical tools to help you effectively plan, manage and evaluate the projects you'll encounter throughout your nursing curriculum and beyond.

- **NEW! Project Management chapter** familiarizes you with the process and tools for successful project planning, management and evaluation.
- **NEW! Project Management boxes** demonstrate the effective application of theory to relevant research and practice projects.
- **UPDATED! Using Middle Range Theories in Research** outlines the research process and provides examples of the use of theory in published research.
- **UPDATED! Using Middle Range Theories in Practice** boxes help you apply theories to specific clinical scenarios.
- **Using Middle Range Theories in Projects** boxes prepare you to effectively apply theories in graduate programs and clinical practice.
- **Critical Thinking Exercises** at the end of each chapter engage you in analysis of the theory and its application to practice.
- **Key Terms** lists clarify chapter concepts at a glance.

shop.lww.com


ID 21 1000 5611
ISBN 9781975154240

ISBN-13: 978-1-975154-24-0
ISBN-10: 1-975154-24-X

 
9 781975 154240

 Wolters Kluwer

This International Edition has been published expressly for the use of students outside of the United States, Canada, Australia, New Zealand, Puerto Rico or the U.S. Virgin Islands.

If you have purchased this book in the United States, Canada, Australia, New Zealand, Puerto Rico or the U.S. Virgin Islands, please note that this book has been imported without the authorisation of the Publisher or the Author, and is in violation of the Publisher's rights. The Publisher reserves the right to take legal action to protect its rights if importation of this book is found to violate these territorial restrictions.