

SUZANNE HETZEL CAMPBELL

Lactation

A Foundational Strategy
for Health Promotion





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Lactation

A Foundational Strategy for Health Promotion

Healthcare professionals, including lactation consultants and nurses, have the unique challenge of educating the community and their patients on healthy breastfeeding and the benefits of lactation. However, breastfeeding is not efficiently represented in texts specific to health promotion. With her 30 years' experience in educating undergraduate and graduate nursing students and interprofessional healthcare providers on maternal–infant health and lactation, Suzanne Hetzel Campbell is breaking that tradition. *Lactation: A Foundational Strategy for Health Promotion* uses evidence-based research and a person-centered care framework to empower healthcare practitioners to advocate for and support families in their breastfeeding.

Why This Unique Book?

- Reflects a postmodern society that values and respects the diversity of families
- A contextualized focus on social determinants of health
- Provides concrete resources, skills, and conversation starters to help all healthcare professionals feel confident in their knowledge and skills
- Includes international examples and practical means for practitioners to incorporate culturally sensitive, holistic care within a therapeutic relational practice model
- Outlines the benefits of lactation, the risks associated with the use of human milk substitutes, and how to be respectful and supportive of parents in meeting their infant feeding goals
- Learning Objectives, Chapter Summaries, Key Points to Remember, Additional Resources, Self-Reflection, Case Studies, and Key Terms and Concepts enhance the learning experience and aid in comprehension

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