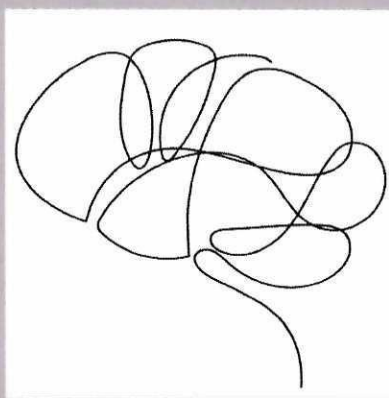
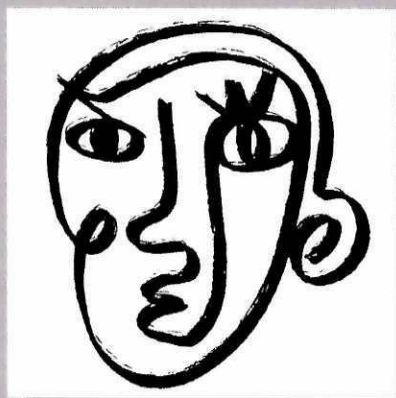




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KATHLEEN R. TUSAIE • JOYCE J. FITZPATRICK  
EDITORS

# ADVANCED PRACTICE PSYCHIATRIC NURSING



Integrating Psychotherapy, Psychopharmacology,  
and Complementary and Alternative Approaches  
Across the Life Span

THIRD EDITION

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Grayce M. Sills, PhD, RN, FAAN

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# ADVANCED PRACTICE PSYCHIATRIC NURSING

## Integrating Psychotherapy, Psychopharmacology, and Complementary and Alternative Approaches Across the Life Span

THIRD EDITION

**Kathleen R. Tusaie, PhD, PMHCNS/NP-BC**

**Joyce J. Fitzpatrick, PhD, MBA, RN, FAAN, FNAP, FAANP(H)**

### EDITORS

*"This textbook is our go-to book; it is an excellent overview of advanced practice in psychiatric nursing. This is the text that we use in our seminar courses during clinical, and we also use it in our review for our ANCC boards. Our students' scores were 92% this past year! We are very pleased with this textbook!"*

—**Dr. Cheryl Zauderer, PhD, CNM, PMHNP-BC**

*Associate Dean of Graduate Programs  
Co-Coordinator, PMHNP Program  
Hunter-Bellevue School of Nursing*

Now in its third edition, this revised reference continues to serve as the only foundational resource for APRNs to incorporate a focus on integrative interventions with mental health issues across the life span. New chapters, including Legal and Ethical Decision-Making, LGBTQ+ Issues: Care of Sexual and Gender Minority Clients, and Increasing Resilience in Psychiatric-Mental Health Advanced Practice Nurses, shed light on vital contemporary issues. This text offers expanded coverage on telehealth, population health, and the updated AACN Essentials. Additionally, the third edition provides 10 practical case studies illustrating specific syndromes as well as 2019 updates to the ANCC certification exam. It is accompanied by expanded instructor resources including a test bank and PowerPoints.

Comprehensive and practical, this text is organized around commonly seen clinical constellations of psychiatric symptoms and covers neurobiology, theory, and research evidence along with pharmacological information relevant to each syndrome. It delivers an abundance of valuable interventions from which clinicians and clients can co-create the most effective, individualized interventions. Popular decision trees provide algorithms to help students work through the process of evaluating and treating clients, and a life-span focus prepares students for treating clients in all age groups.

### New to the Third Edition:

- New Chapters:
  - Legal and Ethical Decision-Making
  - LGBTQ+ Issues: Care of Sexual and Gender Minority Clients
  - Increasing Resilience in Psychiatric-Mental Health Advanced Practice Nurses
- Includes 10 new case studies delivering practical information on specific syndromes
- Updated to reflect 2019 ANCC certification exam and 2020 AACN Essentials

### Key Features:

- Simplifies complex concepts using clear language while retaining depth of information
- Includes diverse treatment options, decision trees, easy-to-follow algorithms, and pertinent pharmacological data
- Edited by internationally acclaimed PMH-APRN practitioner/educators
- Contains "Aging Alerts" and "Pediatric Pointers"
- Reflects the *DSM-5* and discusses genetic testing
- Expanded instructor resources include a test bank and PowerPoints

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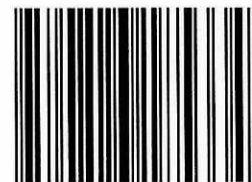
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