

Contents

Foreword	xi
<i>Erin Mason</i>	
Acknowledgments	xv
About the Authors	xvii
Introduction	1
1. Multi-Tiered, Multi-Domain System of Supports: A Framework for Tier 1	5
Introduction	5
An Introduction to MTSS in Education	5
Connecting MTSS to School Counseling: <u>MTMDSS</u>	7
Multi-Tiered, <u>Multi-Domain</u> System of Supports (MTMDSS)	8
Tier 1: Core Program (Universal Supports) (100%)— For All Students	8
Tier 2: Targeted Interventions (20%)—For Some Students	9
Tier 3: Intensive Interventions (5–10%)—For a Few Students	10
MTMDSS Alignment to Text	10
Aligning MTMDSS With the ASCA National Model	10
Aligning MTMDSS With the ASCA Position Statements	12
Aligning MTMDSS With the ASCA Ethical Standards	14
Multi-Tiered, Multi-Domain System of Supports (MTMDSS) Assessment	18
2. Franchising Core Curriculum	19
Trish’s Story	19
What Is Franchising?	20
What Can Students, Parents, and Teachers Expect (Count On) From School Counseling Programs?	20
The 80/20 Approach	21
Schoolwide Core Curriculum Action Plans	21
Guidelines for Creating Schoolwide Core Curriculum Action Plans	22
Instructions for Completing an Action Plan	25
Grade(s)	25
Lesson Topic(s)	25

ASCA Domain and Mindsets & Behaviors Standards	25
Curriculum and Materials	25
Projected Start/End	25
Lesson Presented During Time/Subject	26
Process Data	26
Perception Data	26
Outcome Data	26
School Counselor(s)	26
The Administrator's Signature	27
Ways to Deliver Core Curriculum	29
Core Curriculum: Ensuring Value Added	31
Best Practices for Successful Parent Education Programs	34
3. Determining Core Curriculum	39
Lisa's Story	39
Introducing the Art and Science of School Counseling	40
Evidence-Based Practice and Core Curriculum	40
EBP and a Research-Based Curriculum	41
EBP and a School Counselor-Generated Curriculum	42
EBP and a Statewide Curriculum	42
Resources	45
Resources for a Research-Based Curriculum	45
Resources for a School Counselor-Generated Curriculum	49
Factors to Consider in Selecting and Developing	
Core Curriculum	50
Fidelity of Evidence-Based Programs	50
Legal Issues and Lesson Plans	50
Collaboration in Lesson Plan Development	50
Additional Ways to Select a Curriculum	50
College and Career Readiness in Elementary School	52
Selecting an Evidence-Based Curriculum	55
4. Lesson Plans	61
Danielle's Story	61
Lesson Plan Development Components	62
Lesson Subject and Title	62
Grade Level of Students	63
Learning Objectives	63
Standards	67
Materials	71
Procedure	72
Plan for Evaluation	80
Follow-Up	81
Cultural Responsiveness and Considerations When	
Lesson Planning	82

5. Student Engagement	89
Engaging Student Learners	90
Cognitive Engagement Through Overt and Covert Engagement Strategies	90
Student Engagement Strategies	92
Pull Cards	92
Think-Pair-Share	93
“Sole” Mates	94
Choral Reading	95
Echo/Repeat Responses	96
Sentence Frames	97
Guided Notes	98
Partner Jigsaw	100
Fist to Five	101
Ticket Out the Door	102
6. Classroom Management	107
Managing Classrooms	107
Proactive Classroom Management	108
Explicitly Teach Expectations	108
Review Expectations Each Visit	111
Reinforce Appropriate Behavior	111
Effectively Manage Transitions	112
Seating Arrangements	116
Circulate the Classroom	117
How to Handle Students Who Are Off Task or Misbehaving	117
Proximity	119
Quickly and Positively Redirecting Misbehavior Early On	119
Assigning Appropriate Consequences Within the Classroom Setting	120
Individual (or Small-Group) Problem-Solving Conversations	122
7. Schoolwide Programs and Activities	129
What Are Schoolwide Activities?	129
Districtwide/Schoolwide Programs and Activities	131
Academic Domain Programs and Activities	132
Transition Programs: Pre-K → K and Elementary → Middle	132
Attendance Programs	133
New Student Welcome Programs	135
College/Career Domain Programs and Activities	135
Career Fairs and College and Career Day/Week	140
College Field Trips	141
Junior Achievement, BizTown, and Other Career Exploration	141
College Signing Day	144

Social/Emotional Domain Programs and Activities	145
Schoolwide Behavior Expectations, PBIS, and Positive Incentive Programs	145
Conflict Resolution Programs	147
Red Ribbon Week (Drug/Alcohol-Free) Activities	147
Character Education Programs	152
National Awareness Campaigns	154
Selecting Awareness Campaigns	161
Activity: Selecting and Aligning Your Schoolwide Programs and Activities	166
8. Pre- and Post-Tests and Assessments	169
Revisiting the Art, Science, and Wonder of School Counseling	170
Conceptual Diagram for Elementary School Counseling Curriculum	171
Creating Pre- and Post-Assessments	173
ASK (ASK Students What They Learned)	173
Attitude Questions	173
Knowledge Questions	177
Skills Questions	177
Writing Good Questions	179
Creating Pre- and Post-Assessment Questions From Prepackaged Curriculum	184
9. Sharing School Counseling Program Results	195
ASCA Results Reports	196
Flashlight Results Presentations	197
What is the Flashlight Presentation?	197
How Does One Create a Flashlight Presentation?	198
The Flashlight PowerPoint Template	199
Creating Data Presentation Slides	207
Flashlight Presentation "One-Pager"	208
Other "One-Pagers"	213
Using National School Counseling Week and Other Opportunities to Share School Counseling Program Results	220
Classroom Lessons Guessing Contest	220
Results and Treats	221
Additional Ideas for Sharing Results	225
10. Management Systems and Putting It All Together	229
Trish's Story	229
Scheduling Core Curriculum	230
Calendars	233
Annual Calendars	234
Weekly Calendars	235
Monthly Planning Guides	235
Systematic Referral Process	248
Marketing the School Counseling Program and Tier 1 Services	249
Collaboration With Staff	252

Collaboration With Administrators	253
Annual Agreement	254
The Annual Agreement Meeting	254
School Counselor–Administrator Supervision Meetings	259
Recommendations for New School Counselors Related to	
Delivery of Tier 1 Services	259
Closing	260
References	261
Index	265



Additional materials and resources related to *Hatching Results for Elementary School Counseling* can be found in the online appendix at <https://www.hatchingresults.com/books/elementary-t1/>.