

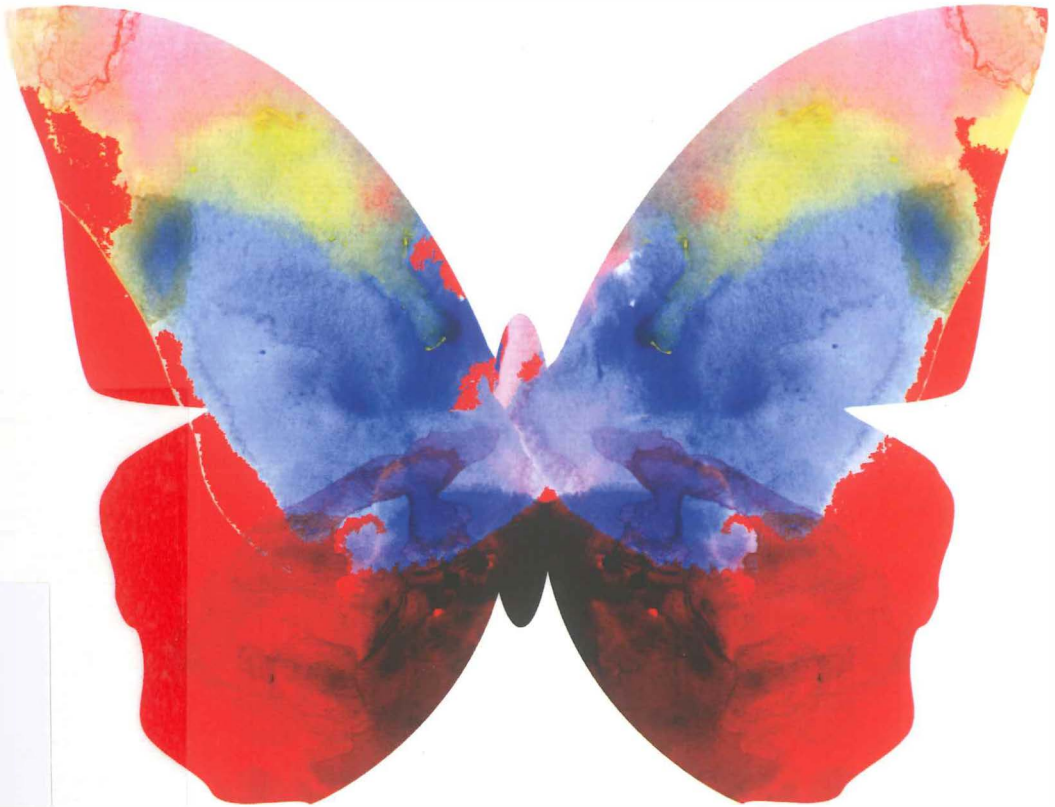
APPLIED POSITIVE PSYCHOLOGY

TIM LOMAS

KATE HEFFERON

ITAI IVTZAN

integrated positive practice



‘ a must read for students of positive psychology ’

PROFESSOR STEPHEN JOSEPH, UNIVERSITY OF NOTTINGHAM

